

July continued:

Family Fairy Gardening: Learn the basics of creating a magical fairy garden with little cost. This class is for anyone who loves gardening, landscape design, or anyone intrigued with the possibility of fairies! Come alone, with a friend, or make it a special activity with your child. **(Please register all participants in advance.) Feel free to bring any “found things” to add your own personal touch to your special fairy garden.** Instructor: Jen Kindelspire, Education Director, Sertoma Butterfly House. **Sat. July 12th 1-3. pm. Sertoma Park FREE** Class size 10

August classes:

Garden Charms: You can bring spectacular beauty to any potted plant or garden by making a hanging garden charm.

Instructor Denise Cameron Nelson will show you how to use beads and wire to bedazzle your flowers.

Tues., August 5th, Avera Cancer Institute Executive Conference Room 10 am to noon. FREE Class size: 15



Prayer Banners: Explore the artistic side of your spirituality. We will stitch, trim, glue, & embellish to create beautiful expressions of what faith can accomplish in your life. Please bring a favorite inspirational word, quote, mantra, bible verse, song lyric or whatever speaks to you. We will incorporate personal expressions of hope and gratitude into your banner. Instructor: Amy Thompson, Avera Expressive Therapist. **Tuesday, August 5th 6:00-8:00 pm Avera Cancer Institute Atrium.** (Class size : 12)

To register contact

Lela Himmerich (email is easiest)

lhimmerich@artsSiouxFalls.org

Or call 271-6696

Artists are welcome to inquire about conducting arts workshops.

Sioux Falls Arts Council
Crane Center @ 8th & Railroad
326 East 8th Street, Suite 106B
Sioux Falls, SD 57103
605-271-6696



THE CREATIVE CENTER
at University Settlement

The Arts Escape program is modeled after
The Creative Center in New York

For the successful Arts Escape Program to continue in our Sioux Falls community, we need financial support. To donate to this program that provides life-f fulfilling experiences during the fight with cancer, please contact: Carol Rogers, Art Therapist, at the Avera Cancer Institute.

Email: Carol.Rogers@Avera.org

June Workshops:

Ballroom Dance Series
Nature Photography
Wire Wrapped Rings
Corn Mosaics
Random Acts of Art: Mixed Media

July Workshops:

Watercolor Series
Watercolor Class
Family Fairy Gardening
Drawing Series

August Workshop:

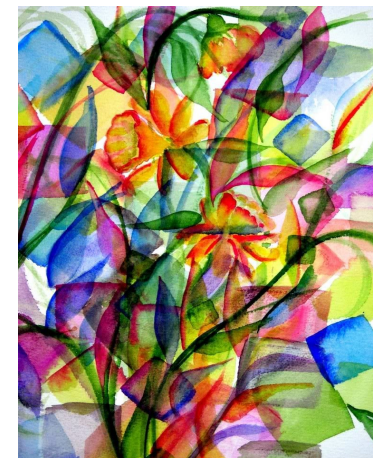
Garden Charms
Prayer Banners



**Summer
2014**

Arts Escape

**FREE workshops for
people touched by cancer**



Invigorate your creative side!

Summer Arts Escape Workshops:

To register contact Lela Himmerich:
lhimmerich@artssiouxfalls.org (easiest)
or call 271-6696

Nature Photography: Summer is too beautiful and short, therefore we must preserve it in photos! Learn photography composition in capturing the beauty of nature. Take pictures of anything and everything outdoors, including bugs, rocks, flowers, people, pets and greenery. This park is bursting with great subjects. **Tuesday, June 3rd 6-8 pm. Meet at the entrance of the Sioux Falls Japanese Gardens. (Rain location will be announced)**
Instructor Deb Parks. **FREE** Class size: 12



Ballroom Dance Series: This dance series is for everyone! Fathers and daughters, couples, or even two friends who want to learn but don't have a partner!

Spend a fun-filled hour learning the Waltz and Foxtrot, under the instruction of Glenda and Jeff Pray, of Date Night Dance Co. This workshop is a **series of 4 classes** located at Balleraena Dance Studio (6901 S. Louise Ave) **June 2, 9, 16, 23, from 6:30—7:30 pm. Bring clean, dry shoes that are comfortable and have backs so you don't slip out of them. FREE** Class size: 10 dancing pairs.

“Amazing” Corn Mosaic Workshop:

Use “maize” or corn from the same farm that supplies corn to the world famous Corn Palace in Mitchell, SD. Magically create a bird and butterfly mosaic with corn of all colors! A bird and butterfly are symbols of life and rebirth. We will use glue and a special seal to ensure a permanent creation. Instructor: Tara Barney **Bring a small box to transport art home. Tues., June 17th 10 to noon. Avera Living Well Center (33rd and Minnesota) FREE** Class size 10



Wire Wrapped Rings: Make beautiful rings wrapped in different types of wire and topped off with eye-catching gems. You will leave with 4 rings to enjoy! The Arts Escape program covers studio fees and partial material costs. **Participants pay \$10 at class time. Wed., June 18th 10am to noon** Aquarius Bead and Co. (Park Ridge Galleria 26th & Western) Class size: 8

Random Acts of Art: Create a beautiful gift of gratitude for a special person that can be passed on to others for continual giving. This enchanting creation showcases **mixed media** arts. Use decorative materials, an inspirational word, or quote for someone who deserves gratitude or needs support. Integrate a piece of your heart into this magnificent gift that is never to be forgotten! **Thurs., June 19th 6-8 pm or Tues., June 24th 10 to noon. Both classes at the Avera Living Well Center (33rd & Minnesota) FREE** Class size: 10



Beginning Watercolor Series: Learn step-by-step techniques to watercolor painting with the expertise of Artist Nancy Fritz. This 3-part series will teach you how to handle fluid watercolors, how to mix colors, and engage in dry and wet brush techniques. All materials are provided. Surprise yourself and leave with a finished landscape/seascape masterpiece that will encourage you to try additional watercolor painting. Instructor Nancy Fritz. **Mondays, July 7th, 14, 21st from 6-8 pm. Avera Cancer Institute Small Conference Room. FREE** Class Size: 10

Beginning Watercolor Class: Learn introductory watercolor techniques. This one-time class is for those unable to attend the Watercolor series classes. All materials provided. **Tuesday, July 15th 6 to 8 pm. Avera Cancer Institute Presentation Room.** Instructor Nancy Fritz. **FREE** Class size 10

Beginning Drawing Series: Flower, Feather & Fruit! Have you always admired those who can draw? Now is your chance! Tara Barney, of Red Door Creations, along with her husband Andrew, will guide you through a 3-part drawing class, focusing on still life drawing. Liberate your mind of worry, pain, or suffering. Truly an “art escape”. Attend all 3 classes for optimum learning.

Class 1: Flower: Successfully create a Gerber daisy in a vase. Start with simple materials by drawing on scrap paper with a No. 2 pencil. Learn the basics of drawing mediums and how to begin with gesture drawing and firming up your lines with contours. Finish off with crosshatching for shading and emphasizing shadows. **Saturday, July 12th 10 am to noon. Avera Living Well Center (33rd and Minnesota Ave) FREE** Class size: 12

Class 2: Fruit: Draw a beautiful picture of apples in a bowl using skills learned in class one and add new techniques. Try the new skill of graduated shading to create lumps, bumps, curves and other shapes to your fruit and bowl. And since there is no mistake in drawing, learn to use your eraser to create highlights! **Saturday, July 19th 10 am to noon. Avera Living Well Center (33rd and Minnesota Ave) FREE** Class size: 12

Class 3: Feather: Choose a feather for this still life drawing and utilize the skills of class 1 & 2. Then add value drawing by making light and dark shapes using fine lines and shading in conjunction with your dark contour lines. **Saturday, July 26th 10 am to noon. Avera Living Well Center (33rd and Minnesota Ave) FREE** Class size: 12

Classes continued...another page



Spring Arts Escape Calendar:

To register: contact Lela Himmerich at

lhimmerich@artsSiouxFalls.org (271-6696)



THE CREATIVE CENTER
at University Settlement

June 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Ballroom Dance 6:30-7:30 pm Balleraena Dance Studio	3 Nature Photography 6-8 pm Japanese Gardens	4	5	6	7
8	9 Ballroom Dance 6:30-7:30 pm Balleraena Dance Studio	10	11	12	13	14
15 Father's Day	16 Ballroom Dance 6:30-7:30 pm Balleraena Dance Studio	17 Corn Mosaic 10 am to noon LWC (33rd & Minnesota Ave.)	18 Wire Wrapped Rings 10 am to noon (Aquarius Beads)	19 Random Acts of Art 6-8 pm LWC (33rd & Minn. Ave)	20	21
22	23 Ballroom Dance 6:30-7:30 pm Balleraena Dance Studio	24 Random Acts of Art 10 am to noon LWC (33rd & Minn. Ave.)	25	26	27	28
29	30					

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	July 2014	1	2	3	4	5
6	7 Watercolor Series Session 1 6-8 pm ACI	8	9	10	11	12 Drawing Series: Class 1 Flowers 10 am to noon LWC Family Fairy Gardening 1-3 pm Sertoma Park
13	14 Watercolor Series Session 2 6-8 pm ACI	15 Watercolor Class 6-8 pm ACI	16	17	18	19 Drawing Series: Class 2 Fruit 10 am to noon LWC
20	21 Watercolor Series Session 3 6-8 pm ACI	22	23	24	25	26 Drawing Series: Class 3 Feather 10 am to noon LWC
27	28	29	30	31		

If you are registered for a workshop and unable to attend, please call or email Lela Himmerich at:

lhimmerich@artsSiouxFalls.org (271-6696)

*This will allow us to utilize a waiting list :)



LWC = Living Well Center (33rd & Minnestota Ave.)

ACI = Avera Cancer Institute

August 2014

Su	Mo	Tue	We	Th	Fri	Sat
		ACI = Avera Caner			1	2
3	4	5 Garden Charms 10 am to noon ACI ----- Prayer Banners 6-8 pm ACI	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
2	25	26	27	28	29	30
31						



Arts Escape Instructor Biographies:

Nancy Fritz: Nancy Fritz studied fine arts at the University of SD, Bethel University in St. Paul, and graduate studies at the University of Minnesota in Minneapolis. Nancy has taught adult community classes, private lessons, high school and elementary art in public and parochial schools. She has also participated in the Artist in Residence program for South Dakota. She has sold her work widely in many Midwest art festivals and galleries. Nancy was awarded the purchase prize for her watercolor painting in the New York City Artist's League Show at the Lotus Gallery. Her pieces are displayed in private collections, churches, and community/public buildings.

Arts Escape Instructor Biographies:

Jeff and Glenda Pray: (Date Night Dance Co.)

Jeff and Glenda were instructors at Ballroom at the Bridges in Sioux Falls before it closed in December, 2010. In 2011, they opened Date Night Dance Company. The Pray's strive to bring the same comfortable, relaxed atmosphere that dancers found at the Ballroom. Fun is the most important element to social



dance and that's what you'll find in a Date Night Dance Company class!

Jen Kindelspire: Jen Kindelspire is a graduate of the University of South Dakota with a Bachelor of Science degree in Anthropology. She is currently the Education and Volunteer Coordinator at the Sertoma Butterfly House and Marine Cove. She is secretly a fairy gardening enthusiast who loves to share her joy "for all things little".

Deb Parks: Deb Leilani Parks is an award winning photographer and instructor. Deb's beautiful pictures placed 1st and 2nd in the Brookings Art Council Photo Show. She also received a merit award at the Sidewalk Arts Festival. Her photo talents have also been recognized in the Worthington, Minnesota Arts Juried Show. Finally, she placed 2nd in the Maple Plain Art Fest for Photography. She has participated in the Artist of the Plains Center for Western Studies, Art Splash in Sioux City, and the Governor's Bicentennial Art Show. As an instructor she has promoted the art of photography at a Luverne, Minnesota gallery, the Manfred 100th Birthday Celebration, and the Center for Active Generations, as well as teaching through private lessons. Deb enjoys working with aspiring photographers of all ages and ability levels.

Denise Cameron Nelson: Denise Cameron Nelson is a graduate of the University of South Dakota with a Bachelor of Science degree in Art Education. Her experience includes teaching art for 17 years K-12 in the public school system. Cameron Nelson also owns Funky Woman Art and is currently the Artist -in-Residence at the Avera Cancer Center. She was recently awarded 3rd Place at the Avera *Employee Art Show*. Denise specializes in mixed media collage & painting and garden sculptures. Her artwork has been displayed throughout the state at galleries and festivals. She is also a yoga instructor at the Avera Fitness Center, the Avera Cancer Institute and the Dharma Room.

Arts Escape Instructor Biographies:

Tara Barney started drawing her Shetland pony at the age of four. She completed art classes at Southeast Technical Institute in Sioux Falls, SD and Colorado State University in Fort Collins. Tara met Mari-one Henjum, an artist she greatly admires, and took one of her drawing classes. In fact, after the class was over, she wanted to keep on drawing and formed an art group called "Prairie Palette" that meets once a week. Tara and her husband, Andrew, have donated and sold their artistic wares under the Red Door Creations label for eleven years.

www.reddoorcreations.com Tara has also been in the juried Artist of the Plains show for the last four years. She has also participated in the Rehfeld's Portfolio show the past five years. Tara has joyfully managed the gift shop and acted as volunteer coordinator at the Horse Barn Arts Center. Her galleries include the Center for Western Studies, Rehfeld's and the Corn Palace.

Andrew Barney: Andrew grew up in Colorado Springs, CO. He earned a Bachelor of Arts from Western State College in Gunnison, Colorado and went on to earn a Bachelor of Arts in Painting from Colorado State University in Fort Collins, CO. Over the years, Andrew has developed his skills in woodworking and sculpture, and has mentored students in painting, sculpture and abstract art. In his painting, Andrew is drawn to the mesmerizing beauty of the plains. He has studied the Impressionists and prefers to paint landscapes in his own unique Impressionistic style.

Amy Thompson: Amy is an Expressive Therapist at Avera Behavioral Health Center with long-standing experience in the arts. She has a Bachelor of Science in Home Economics and Interior Design. She has a minor degree in art and psychology and has taken coursework in spirituality & healing and music. She has been a piano instructor for over 30 years and has taught art and music classes in schools. She also worked at the Children's Art Camp and has taught adult art classes. Amy turns to art and prayer in times of stress and the ill health of loved ones...which has been too abundant in recent years. Her sister and dear friend are cancer survivors. "Peace" is Amy's "go to" word... and art takes her to that place of peace.